



BREAKFAST MENU

Bacon Benedetto

Smoked manuka streaky bacon, potato and sago cake, poached free range eggs, saffron hollandaise.

Spinach & mushrooms benedetto

Saute wild mushroom & spinach, potato and sago cake, poached free range eggs, saffron hollandaise served with ciabatta bread.

Smoked Salmon Benedetto

Lemon rubbed smoked salmon, sago and potato cake, poached free range eggs, saffron hollandaise served with ciabatta bread.

Essence Big Breakfast

House made potato cake, Manuka smoked bacon, roasted tomato, pork sausages, baked beans, choice of two eggs, served with Ciabatta.

Three Egg Omelette

Three egg omelette with feta, pesto, chorizo, served with Rye bread and parmesan

Essence brekki burger

Brioche bun with lettuce, sliced tomato, bacon, kransky, potato sago cake, fried egg, homemade aioli and fries.

Organic granola

Organic granola, freshly cut fruits, yogurt, served with milk

French toast

French toast with caramelised banana, smoked manuka bacon, grilled seasonal fruits with maple syrup & whipped.

Balsamic creamy mushroom

Creamy balsamic mushroom served with grilled ciabatta, basil pesto and feta.

Eggs on toast

Two eggs any style on ciabatta.

Essence house made Waffles

House made waffles, seasonal fruits, maple syrup, caramelised banana, bacon, icing sugar and vanilla cream.

Pan cakes

Butter milk pancakes with fresh grilled fruits, berries compote', Canadian maple syrup & whipped vanilla French cream